

Hours

Property of
Holy Trinity Russian Orthodox Church
Baltimore MD

**Do not remove
from the Reader's Stand**

Hours

Compiled by
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Baltimore MD
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Third Hour

P: Blessed is our God, always, now and ever, and unto ages of ages.

R: Amen. Glory to Thee, O God, glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth; who art everywhere and fillest all things; Treasury of blessings, and Giver of life; come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

O most-holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

P: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

R: Amen.

Lord, have mercy. (12x)

**Glory to the Father, and to the Son, and to the Holy Spirit, now
and ever and unto ages of ages. Amen.**

Come, let us worship God our King!

**Come, let us worship and fall down before Christ, our King and
our God!**

**Come, let us worship and fall down before Christ Himself, our
King and our God!**

Psalm 17

¹Hear a just cause, O LORD; attend to my cry!

Give ear to my prayer from lips free of deceit!

²From thee let my vindication come!

Let thy eyes see the right!

³If thou triest my heart, if thou visitest me by night,

if thou testest me, thou wilt find no wickedness in me;

my mouth does not transgress.

⁴With regard to the works of men, by the word of thy lips

I have avoided the ways of the violent.

⁵My steps have held fast to thy paths,

my feet have not slipped.

⁶I call upon thee, for thou wilt answer me, O God;

incline thy ear to me, hear my words.

⁷Wondrously show thy steadfast love,

O savior of those who seek refuge

from their adversaries at thy right hand.

⁸Keep me as the apple of the eye;

hide me in the shadow of thy wings,

⁹from the wicked who despoil me,

my deadly enemies who surround me.

¹⁰They close their hearts to pity;

with their mouths they speak arrogantly.
¹¹They track me down; now they surround me;
they set their eyes to cast me to the ground.
¹²They are like a lion eager to tear,
as a young lion lurking in ambush.

¹³Arise, O LORD! confront them, overthrow them!
Deliver my life from the wicked by thy sword,
¹⁴from men by thy hand, O LORD,
from men whose portion in life is of the world.
May their belly be filled with what thou hast stored up for them;
may their children have more than enough;
may they leave something over to their babes.

¹⁵As for me, I shall behold thy face in righteousness;
when I awake, I shall be satisfied with beholding thy form.

Psalm 25

¹To thee, O LORD, I lift up my soul.
²O my God, in thee I trust,
let me not be put to shame;
let not my enemies exult over me.
³Yea, let none that wait for thee be put to shame;
let them be ashamed who are wantonly treacherous.

⁴Make me to know thy ways, O LORD;
teach me thy paths.
⁵Lead me in thy truth, and teach me,
for thou art the God of my salvation;
for thee I wait all the day long.

⁶Be mindful of thy mercy, O LORD, and of thy steadfast love,
for they have been from of old.

**⁷Remember not the sins of my youth, or my transgressions;
according to thy steadfast love remember me,
for thy goodness' sake, O LORD!**

**⁸Good and upright is the LORD;
therefore he instructs sinners in the way.**

**⁹He leads the humble in what is right,
and teaches the humble his way.**

**¹⁰All the paths of the LORD are steadfast love and faithfulness,
for those who keep his covenant and his testimonies.**

**¹¹For thy name's sake, O LORD,
pardon my guilt, for it is great.**

**¹²Who is the man that fears the LORD?
Him will he instruct in the way that he should choose.**

**¹³He himself shall abide in prosperity,
and his children shall possess the land.**

**¹⁴The friendship of the LORD is for those who fear him,
and he makes known to them his covenant.**

**¹⁵My eyes are ever toward the LORD,
for he will pluck my feet out of the net.**

**¹⁶Turn thou to me, and be gracious to me;
for I am lonely and afflicted.**

**¹⁷Relieve the troubles of my heart,
and bring me out of my distresses.**

**¹⁸Consider my affliction and my trouble,
and forgive all my sins.**

**¹⁹Consider how many are my foes,
and with what violent hatred they hate me.**

**²⁰Oh guard my life, and deliver me;
let me not be put to shame, for I take refuge in thee.**

**²¹May integrity and uprightness preserve me,
for I wait for thee.**

**²²Redeem Israel, O God,
out of all his troubles.**

Psalm 51

**¹Have mercy on me, O God,
according to thy steadfast love;
according to thy abundant mercy blot out my transgressions.**

**²Wash me thoroughly from my iniquity,
and cleanse me from my sin!**

**³For I know my transgressions,
and my sin is ever before me.**

**⁴Against thee, thee only, have I sinned,
and done that which is evil in thy sight,
so that thou art justified in thy sentence
and blameless in thy judgment.**

**⁵Behold, I was brought forth in iniquity,
and in sin did my mother conceive me.**

**⁶Behold, thou desirest truth in the inward being;
therefore teach me wisdom in my secret heart.**

**⁷Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.**

**⁸Fill me with joy and gladness;
let the bones which thou hast broken rejoice.**

**⁹Hide thy face from my sins,
and blot out all my iniquities.**

**¹⁰Create in me a clean heart, O God,
and put a new and right spirit within me.**

**¹¹Cast me not away from thy presence,
and take not thy holy Spirit from me.**

**¹²Restore to me the joy of thy salvation,
and uphold me with a willing spirit.**

13 Then I will teach transgressors thy ways,
and sinners will return to thee.

14 Deliver me from bloodguiltiness, O God,
thou God of my salvation,
and my tongue will sing aloud of thy deliverance.

15 O Lord, open thou my lips,
and my mouth shall show forth thy praise.

16 For thou hast no delight in sacrifice;
were I to give a burnt offering, thou wouldst not be pleased.

17 The sacrifice acceptable to God is a broken spirit;
a broken and contrite heart, O God, thou wilt not despise.

18 Do good to Zion in thy good pleasure;
rebuild the walls of Jerusalem,

19 then wilt thou delight in right sacrifices,
in burnt offerings and whole burnt offerings;
then bulls will be offered on thy altar.

Glory to the Father, and to the Son, and to the Holy Spirit, now
and ever, and unto ages of ages. Amen.

Alleluia! Alleluia! Alleluia! Glory to Thee, O God! **(3x)**

Lord, have mercy. **(3x)**

Troparion

The Troparion of the day is read.

Glory to the Father, and to the Son, and to the Holy Spirit.

R: Now and ever and unto ages of ages. Amen.

O Theotokos, you are the true vine laden with the fruit of life. We pray to you, O Lady: intercede together with the Apostles and all the saints, that mercy may be granted to our souls.

R: Blessed be the Lord God, blessed be the Lord from day to day, and may the God of our salvation prosper us, for He is our God, the God of salvation.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

O most-holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

P: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Pp: Amen.

The Kontakion

The Kontakion of the day is read.

R: Lord, have mercy. *12x*

Thou, who at every season and every hour, in heaven and on earth, art worshiped and glorified, O Christ our God, long-suffering, merciful, and compassionate; who lovest the just and showest mercy upon the sinner; who callest all men to salvation through the

promise of blessings to come; O Lord, in this hour receive our supplications and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil, and distress. Surround us with Thy holy angels, that guided and guarded by their host we may attain to the unity of the faith, and to the knowledge of Thine unapproachable glory, for Thou art blessed unto ages of ages. Amen.

Lord, have mercy. *(3x)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim, and more glorious beyond compare than the seraphim; without defilement you gave birth to God the Word; true Theotokos, we magnify you.

In the name of the Lord, Father, bless.

P: God be bountiful unto us, and bless us and show us the light of His countenance, and be merciful unto us.

R: Amen.

O God the Master, Father Almighty, O Lord Jesus Christ, the only-begotten Son, and Thou, O Holy Spirit, one Godhead, one Power, have mercy upon me, a sinner, and according to Thy divine judgments save us, Thine unworthy servant, for Thou art blessed unto ages of ages. Amen.

Sixth Hour

**R: Come, let us worship God, our King!
Come, let us worship and fall down before Christ, our King and
our God!
Come, let us worship and fall down before Christ Himself, our
King and our God!**

Psalm 54

¹Save me, O God, by thy name,
and vindicate me by thy might.

²Hear my prayer, O God;
give ear to the words of my mouth.

³For insolent men have risen against me,
ruthless men seek my life;
they do not set God before them.

⁴Behold, God is my helper;
the Lord is the upholder of my life.

⁵He will requite my enemies with evil;
in thy faithfulness put an end to them.

⁶With a freewill offering I will sacrifice to thee;
I will give thanks to thy name, O LORD, for it is good.

⁷For thou hast delivered me from every trouble,
and my eye has looked in triumph on my enemies.

Psalm 55

¹Give ear to my prayer, O God;
and hide not thyself from my supplication!

²Attend to me, and answer me;
I am overcome by my trouble.
I am distraught ³by the noise of the enemy,
because of the oppression of the wicked.
For they bring trouble upon me,
and in anger they cherish enmity against me.

⁴My heart is in anguish within me,
the terrors of death have fallen upon me.

⁵Fear and trembling come upon me,
and horror overwhelms me.

⁶And I say, “O that I had wings like a dove!
I would fly away and be at rest;

⁷yea, I would wander afar,
I would lodge in the wilderness,

⁸I would haste to find me a shelter
from the raging wind and tempest.”

⁹Destroy their plans, O Lord, confuse their tongues;
for I see violence and strife in the city.

¹⁰Day and night they go around it
on its walls;
and mischief and trouble are within it,
¹¹ruin is in its midst;

oppression and fraud
do not depart from its market place.

¹²It is not an enemy who taunts me —
then I could bear it;
it is not an adversary who deals insolently with me —

then I could hide from him.

¹³But it is you, my equal,
my companion, my familiar friend.

¹⁴We used to hold sweet converse together;
within God's house we walked in fellowship.

¹⁵Let death come upon them;
let them go down to Sheol alive;
let them go away in terror into their graves.

¹⁶But I call upon God;
and the LORD will save me.

¹⁷Evening and morning and at noon
I utter my complaint and moan,
and he will hear my voice.

¹⁸He will deliver my soul in safety
from the battle that I wage,
for many are arrayed against me.

¹⁹God will give ear, and humble them,
he who is enthroned from of old;
because they keep no law,
and do not fear God.

²⁰My companion stretched out his hand against his friends,
he violated his covenant.

²¹His speech was smoother than butter,
yet war was in his heart;
his words were softer than oil,
yet they were drawn swords.

²²Cast your burden on the LORD,
and he will sustain you;
he will never permit
the righteous to be moved.

**²³But thou, O God, wilt cast them down
into the lowest pit;
men of blood and treachery
shall not live out half their days.
But I will trust in thee.**

Psalm 91

**¹He who dwells in the shelter of the Most High,
who abides in the shadow of the Almighty,
²will say to the LORD, “My refuge and my fortress;
my God, in whom I trust.”
³For he will deliver you from the snare of the fowler
and from the deadly pestilence;
⁴he will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.
⁵You will not fear the terror of the night,
nor the arrow that flies by day,
⁶nor the pestilence that stalks in darkness,
nor the destruction that wastes at noonday.

⁷A thousand may fall at your side,
ten thousand at your right hand;
but it will not come near you.
⁸You will only look with your eyes
and see the recompense of the wicked.

⁹Because you have made the LORD your refuge,
the Most High your habitation,
¹⁰no evil shall befall you,
no scourge come near your tent.
¹¹For he will give his angels charge of you
to guard you in all your ways.**

¹²On their hands they will bear you up,
lest you dash your foot against a stone.
¹³You will tread on the lion and the adder,
the young lion and the serpent you will trample under foot.
¹⁴Because he cleaves to me in love, I will deliver him;
I will protect him, because he knows my name.
¹⁵When he calls to me, I will answer him;
I will be with him in trouble,
I will rescue him and honor him.
¹⁶With long life I will satisfy him,
and show him my salvation.
Glory to the Father, and to the Son, and to the Holy Spirit, now and
ever, and unto ages of ages. Amen.
Alleluia! Alleluia! Alleluia! Glory to Thee, O God! (3x)
Lord, have mercy. (3x)

Troparion

The Troparion of the day is read.

P: Glory to the Father, and to the Son, and to the Holy Spirit.

R: Now and ever and unto ages of ages. Amen.

Pp: We have no boldness because of the multitude of our sins, but entreat Him Who was born of you, O Virgin Theotokos, for the prayer of a mother has great power to win the favor of the Master. Do not despise the supplications of sinners, O all-pure one, for merciful and strong to save is He Who willed to suffer for us.

R: Let Thy tender mercies, O Lord, speedily go before us, for we have become exceedingly poor. Help us, O God of our salvation, for the glory of Thy Name: O Lord, deliver us and purge away our sins, for Thy Name's sake.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

O most-holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

P: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Pp: Amen.

Kontakion

The Kontakion is read.

R: Lord, have mercy. 12x

Thou, Who at every season and every hour, in heaven and on earth, art worshipped and glorified, O Christ our God, long-suffering, merciful, and compassionate, Who lovest the just and showest mercy upon the sinner; Who callest all men to salvation through the promise of blessings to come: O Lord, in this hour receive our supplications and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil and distress. Surround us with Thy holy angels that guided and

guarded by their host, we may attain to the unity of the faith, and to the knowledge of Thine unapproachable glory, for Thou art blessed unto ages of ages. Amen.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

More honorable than the cherubim, and more glorious beyond compare than the seraphim: without defilement you gave birth to God the Word: true Theotokos, we magnify you.

In the name of the Lord, Father, bless.

P: God be bountiful unto us, and bless us and show us the light of His countenance, and be merciful unto us.

R: Amen.

R: O God, the Lord of hosts, and Author of all creation, Who in Thy boundless tender mercy hast sent down Thine only-begotten Son, our Lord Jesus Christ, for the salvation of the human race, and through His holy cross hast torn up the handwriting of our sins and thereby triumphed over the princes and dominions of darkness: Do Thou, O Master, Who lovest mankind, accept these prayers of thanksgiving and supplication even from us sinners, and deliver us from every deadly and dark transgression and from all the visible and invisible enemies that seek to do us harm. Nail our flesh with the fear of Thee, and let not our hearts incline to evil words or thoughts, but wound our souls with Thy love, that ever gazing upon Thee, guided by Thy light and beholding Thee, the eternal light that no man can approach, we may send up unceasing praises and thanks unto Thee, the Father without beginning, together with Thine only-begotten Son, and Thy most holy, good, and life-giving Spirit, now and ever, and unto ages of ages. Amen.

Ninth Hour

**R: Come, let us worship God, our King!
Come, let us worship and fall down before Christ, our King and
our God!
Come, let us worship and fall down before Christ Himself, our
King and our God!**

Psalm 84

**¹How lovely is thy dwelling place,
O LORD of hosts!**

**²My soul longs, yea, faints
for the courts of the LORD;
my heart and flesh sing for joy
to the living God.**

**³Even the sparrow finds a home,
and the swallow a nest for herself,
where she may lay her young,
at thy altars, O LORD of hosts,
my King and my God.**

**⁴Blessed are those who dwell in thy house,
ever singing thy praise! [Selah]**

**⁵Blessed are the men whose strength is in thee,
in whose heart are the highways to Zion.**

**⁶As they go through the valley of Baca
they make it a place of springs;
the early rain also covers it with pools.**

**⁷They go from strength to strength;
the God of gods will be seen in Zion.**

**⁸O LORD God of hosts, hear my prayer;
give ear, O God of Jacob!**

⁹Behold our shield, O God;
look upon the face of thine anointed!

¹⁰For a day in thy courts is better
than a thousand elsewhere.

I would rather be a doorkeeper in the house of my God
than dwell in the tents of wickedness.

¹¹For the LORD God is a sun and shield;
he bestows favor and honor.

No good thing does the LORD withhold
from those who walk uprightly.

¹²O LORD of hosts,
blessed is the man who trusts in thee!

Psalm 85

¹LORD, thou wast favorable to thy land;
thou didst restore the fortunes of Jacob.

²Thou didst forgive the iniquity of thy people;
thou didst pardon all their sin.

³Thou didst withdraw all thy wrath;
thou didst turn from thy hot anger.

⁴Restore us again, O God of our salvation,
and put away thy indignation toward us!

⁵Wilt thou be angry with us for ever?
Wilt thou prolong thy anger to all generations?

⁶Wilt thou not revive us again,
that thy people may rejoice in thee?

⁷Show us thy steadfast love, O LORD,
and grant us thy salvation.

⁸Let me hear what God the LORD will speak,
for he will speak peace to his people,
to his saints, to those who turn to him in their hearts.

**⁹Surely his salvation is at hand for those who fear him,
that glory may dwell in our land.**

**¹⁰Steadfast love and faithfulness will meet;
righteousness and peace will kiss each other.**

**¹¹Faithfulness will spring up from the ground,
and righteousness will look down from the sky.**

**¹²Yea, the LORD will give what is good,
and our land will yield its increase.**

**¹³Righteousness will go before him,
and make his footsteps a way.**

Psalm 86

**¹Incline thy ear, O LORD, and answer me,
for I am poor and needy.**

**²Preserve my life, for I am godly;
save thy servant who trusts in thee.**

**Thou art my God; ³be gracious to me, O Lord,
for to thee do I cry all the day.**

**⁴Gladden the soul of thy servant,
for to thee, O Lord, do I lift up my soul.**

**⁵For thou, O Lord, art good and forgiving,
abounding in steadfast love to all who call on thee.**

**⁶Give ear, O LORD, to my prayer;
hearken to my cry of supplication.**

**⁷In the day of my trouble I call on thee,
for thou dost answer me.**

**⁸There is none like thee among the gods, O Lord,
nor are there any works like thine.**

**⁹All the nations thou hast made shall come
and bow down before thee, O Lord,
and shall glorify thy name.**

**¹⁰For thou art great and doest wondrous things,
thou alone art God.**

**¹¹Teach me thy way, O LORD,
that I may walk in thy truth;
unite my heart to fear thy name.**

**¹²I give thanks to thee, O Lord my God, with my whole heart,
and I will glorify thy name for ever.**

**¹³For great is thy steadfast love toward me;
thou hast delivered my soul from the depths of Sheol.**

**¹⁴O God, insolent men have risen up against me;
a band of ruthless men seek my life,
and they do not set thee before them.**

**¹⁵But thou, O Lord, art a God merciful and gracious,
slow to anger and abounding in steadfast love and faithfulness.**

**¹⁶Turn to me and take pity on me;
give thy strength to thy servant,
and save the son of thy handmaid.**

**¹⁷Show me a sign of thy favor,
that those who hate me may see and be put to shame
because thou, LORD, hast helped me and comforted me.**

**Glory to the Father, and to the Son, and to the Holy Spirit, now and
ever, and unto ages of ages. Amen.**

Alleluia! Alleluia! Alleluia! Glory to Thee, O God! (3x)

Lord, have mercy. (3x)

Troparion

The Troparion of the day is read.

P: Glory to the Father, and to the Son, and to the Holy Spirit.

R: Now and ever, and unto ages of ages. Amen.

R: O Loving Lord, Who for our sakes wast born of a virgin and hast endured crucifixion, trampling down death by death and as God revealing the resurrection: despise not the works of Thy hands, but show Thy love for mankind, O Merciful One. Accept the prayers made on our behalf by her who gave Thee birth, and save Thy despairing people, O our Savior.

R: For Thy holy Name's sake, do not abandon us forever; do not annul Thy covenant; do not take away Thy mercy from us, for the sake of Abraham Thy beloved, and Isaac Thy servant, and Israel Thy holy one.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

O most-holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord, have mercy. (3x)

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Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

P: For Thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Pp: Amen.

The Kontakion

The Kontakion of the day is read.

R: Lord, have mercy. *(12x)*

Thou Who at every season and every hour, in heaven and on earth, art worshipped and glorified, O Christ our God, long-suffering, merciful, and compassionate; Who lovest the just and showest mercy upon the sinner; Who callest all men to salvation through the promise of blessings to come: O Lord, in this hour receive our supplications and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil, and distress. Surround us with Thy holy angels, that guided and guarded by their host, we may attain to the unity of the faith and to the knowledge of Thy unapproachable glory, for Thou art blessed unto ages of ages. Amen.

Lord, have mercy *(3x)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim, and more glorious beyond compare than the seraphim; without defilement you gave birth to God the Word; true Theotokos, we magnify you.

In the name of the Lord, Father, bless.

P: God be bountiful unto us, and bless us, and show us the light of His countenance, and be merciful unto us.

R: Amen.

O Master and Lord, Jesus Christ our God, Who art long-suffering towards our sins and hast brought us even unto this present hour, in which, hanging upon the life-giving cross, Thou hast opened unto the good thief the way into paradise, and destroyed death by death; be merciful to us, Thy humble and sinful and unworthy servants. For we have sinned and transgressed, and we are not worthy to lift up our eyes and look at the height of heaven, since we have forsaken the path of Thy righteousness and have walked according to the desires of our own hearts. But we pray Thee of Thy boundless goodness, spare us, O Lord, according to the abundance of Thy mercy, and save us for Thy holy Name's sake, for our days are consumed in vanity. Deliver us from the hand of the adversary, forgive us our sins, and kill the passion of the flesh, that putting off the old man, we may be clothed with the new, and may live for Thee, our Master and Protector; and that so, following Thine ordinances, we may attain to eternal rest, in the place where the joyful dwell. For Thou, O Christ our God, art indeed the true joy and gladness of those that love Thee, and unto Thee we ascribe glory, together with Thy Father, Who is without beginning, and Thy most holy, good, and life-giving Spirit, now and ever, and unto ages of ages. Amen.

Sunday Troparia and Kontakia

Tone 1

Troparion

When the stone had been sealed by the Jews; while the soldiers were guarding Thy most pure Body; Thou didst rise on the third day, O Savior, granting life to the world. The powers of heaven therefore cried to Thee, O Giver of Life: Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! Glory to Thy dispensation, O Thou who lovest mankind.

Kontakion

As God, Thou didst rise from the tomb in glory, raising the world with Thyself. Human nature praises Thee as God, for death has vanished! Adam exults, O Master! Eve rejoices, for she is freed from bondage, and cries to Thee: Thou art the Giver of Resurrection to all, O Christ!

Tone 2

Troparion

When Thou didst descent to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of heaven cried out: O Giver of Life! Christ our God! Glory to Thee!

Kontakion

Hell became afraid, O Almighty Savior, seeing the miracle of Thy Resurrection from the tomb! The dead arose! Creation, with Adam, beheld this and rejoiced with Thee! And the world, O my Savior, praises Thee forever.

Tone 3

Troparion

Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted the world great mercy!

Kontakion

On this day Thou didst rise from the tomb, O Merciful One, leading us from the gates of death. On this day Adam exults as Eve rejoices; with the prophets and patriarchs they unceasingly praise the divine majesty of Thy power!

Tone 4

Troparion

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: Death is overthrown! Christ God is risen, granting the world great mercy.

Kontakion

My Savior and Redeemer as God rose from the tomb and delivered the earthborn from their chains. He has shattered the gates of hell, and as Master, He has risen on the third day!

Tone 5

Troparion

Let us, the faithful, praise and worship the Word, coeternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

Kontakion

Thou didst descend into hell, O my Savior, shattering its gates as almighty; resurrecting the dead as Creator, and destroying the sting of death. Thou hast delivered Adam from the curse, O Lover of Man, and we all cry to Thee: O Lord, save us!

Tone 6

Troparion

The angelic powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure Body. Thou didst capture hell, not being tempted by it. Thou didst come to the Virgin, granting life. O Lord Who didst rise from the dead: glory to Thee!

Kontakion

When Christ God, the Giver of Life, raised all of the dead from the valleys of misery with His mighty hand, He bestowed resurrection on the human race. He is the Savior of all, the Resurrection, the Life, and the God of all.

Tone 7

Troparion

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the myrrhbearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy.

Kontakion

The dominion of death can no longer hold men captive, for Christ descended, shattering and destroying its powers! Hell is bound, while the prophets rejoice and cry: The Savior has come to those in faith! Enter, you faithful, into the Resurrection!

Tone 8

Troparion

Thou didst descend from on high, O Merciful One! Thou didst accept the three-day burial to free us from our sufferings! O Lord, our Life and Resurrection: glory to Thee!

Kontakion

**By rising from the tomb, Thou didst raise the dead and resurrect Adam.
Eve exults in Thy Resurrection, and the world celebrates Thy rising
from the dead, O greatly Merciful One.**

Passchal Cycle
Preparatory Sundays
Sunday of the Publican and Pharisee

Kontakion

Tone 4

Let us flee from the pride of the Pharisee and learn humility from the Publican's tears. Let us cry to our Savior: "Have mercy on us, O only merciful One."

Sunday of the Prodigal Son

Kontakion

Tone 3

I have recklessly forgotten Thy glory, O Father; and among sinners I have scattered the riches which Thou gavest me. And now I cry to Thee as the Prodigal: "I have sinned before Thee, O merciful Father; receive me a penitent and make me as one of Thy hired servants."

Meat-fare Sunday

Kontakion

Tone 1

When Thou, O God, shalt come to earth with glory, all things shall tremble and the river of fire shall flow before Thy Judgment Seat; the Books shall be opened and the hidden things disclosed; then deliver me from the unquenchable fire and make me worthy to stand at Thy right hand, O Righteous Judge.

Cheese-fare Sunday

Kontakion

Tone 6

O Master, Teacher of Wisdom, Bestower of virtue, Who teaches the thoughtless and protects the poor, strengthen and enlighten my heart. O Word of the Father, let me not restrain my mouth from crying to Thee: "Have mercy on me, a transgressor, O Merciful Lord."

Lent and Holy Week

First Sunday of Great Lent

Troparion

Tone 2

We venerate Thy most pure image, O Good One, and ask forgiveness of our transgressions, O Christ our God. Of Thy good will Thou wast

pleased to ascend the Cross in the flesh and deliver Thy creatures from bondage to the enemy. Therefore with thankfulness we cry aloud to Thee: “Thou hast filled all with joy, O our Savior, for Thou didst come to save the world.”

Kontakion

Tone 8

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty. We confess and proclaim our salvation in word and images.

Second Sunday of Great Lent

Troparion

Tone 8

O Light of Orthodoxy! Teacher of the Church. Its Confirmation! O Ideal of Monks and invincible Champion of Theologians! O wonder working Gregory, glory of Thessalonica and Preacher of Grace! Always intercede before the Lord that our souls may be saved.

Kontakion

Tone 4

Now is the time for action! Judgement is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: “Our sins are more in number than the sands of the sea; but forgive us, O Master of All, so that we may receive the incorruptible crowns.”

Third Sunday of Lent

Troparion

Tone 1

O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians, over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

Kontakion

Tone 7

Now the flaming sword no longer guards the gates of paradise; it has been mysteriously quenched by the wood of the Cross! The sting of death and the victory of hell have been vanquished; for Thou, O my Savior, didst come and cry to those in hell: "Enter again into Paradise."

Fourth Sunday of Lent

Troparion

Tone 1

O dweller of the wilderness and angel in the body! You were a wonder-worker, O our God-bearing Father John! You received heavenly gifts through fasting, vigil, and prayer: healing the sick and the souls of those drawn to you by faith. Glory to Him Who gave you strength! Glory to Him Who granted you a crown! Glory to Him Who through you grants healing to all!

Kontakion

Tone 4

The Lord truly set you on the heights of abstinence, to be a guiding star, showing the way to the universe, O our Father and Teacher John.

Fifth Sunday of Lent

Troparion

Tone 8

The image of God was truly preserved in you, O Mother, for you took up the Cross and followed Christ. by so doing, you taught us to disregard the flesh, for it passes away; but to care instead for the soul, since it is immortal. Therefore your spirit, O holy Mother Mary, rejoices with the angels.

Kontakion

Tone 3

Having been a sinful woman, you became through repentance a Bride of Christ. Having attained angelic life, you defeated demons with the weapon of the Cross! Therefore, O most glorious Mary, you are a Bride of the Kingdom!

Resurrection of Lazarus

Troparion

Tone 1

By raising Lazarus from the dead before Thy passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee, O Vanquisher of Death: “Hosanna in the highest! Blessed is He That comes in the name of the Lord!”

Kontakion

Tone 2

Christ—the Joy, the Truth, and the Light of all, the Life of the World and the Resurrection—has appeared in His goodness, to those on earth. He has become the Image of our Resurrection, granting divine forgiveness to all.

Entrance of Our Lord into Jerusalem

Troparion

Tone 1

By raising Lazarus from the dead before Thy passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee, O Vanquisher of Death: “Hosanna in the highest! Blessed is He That comes in the name of the Lord!”

Another Troparion

When we were buried with Thee in Baptism, O Christ God, we were made worthy of eternal life by Thy Resurrection! Now we praise Thee and sing: “Hosanna in the highest! Blessed is He That comes in the name of the Lord!”

Kontakion

Tone 6

Sitting on Thy throne in heaven, carried on a foal on earth, O Christ God! Accept the praise of angels and the songs of children, who sing: “Blessed is He That comes to recall Adam!”

Pentecostarion
Second Sunday of Pascha
St. Thomas the Apostle

Troparion

Tone 7

From the sealed tomb, Thou didst shine forth, O Life! Through closed doors Thou didst come to Thy disciples, O Christ God! Renew in us, through them, an upright spirit, by the greatness of Thy mercy, O Resurrection of all!

Kontakion

Tone 8

Thomas touched Thy life-giving side with an eager hand, O Christ God, when Thou didst come to Thy apostles through closed doors. He cried out with all: “Thou art my Lord and my God!”

Third Sunday of Pascha

Myrrh-bearers & Noble Joseph

Troparion of the Resurrection

Tone 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of heaven cried out: “O Giver of Life! Christ our God! Glory to Thee!

Troparion of Righteous Joseph

Tone 2

The noble Joseph, when he had taken down Thy most pure Body from the tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb. But Thou didst rise on the third day, O Lord, granting the world great mercy.

Troparion of the Myrrh-bearing Women

Tone 2

The angel came to the myrrh-bearing women at the tomb and said: “Myrrh is meet for the dead; but Christ has shown Himself a stranger to corruption! So proclaim: ‘The Lord is risen, granting the world great mercy.’”

Kontakion

Tone 2

Thou didst command the myrrh-bearers to rejoice, O Christ! By Thy Resurrection, Thou didst stop the lamentation of Eve, O God! Thou didst command Thy apostles to preach: “The Savior is risen!”

Fourth Sunday of Pascha

Paralytic

Troparion of the Resurrection

Tone 3

Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted the world great mercy.

Kontakion

Tone 3

By Thy divine intercession, O Lord, as Thou didst raise up the paralytic of old, so raise up my soul, paralyzed by sins and thoughtless acts; so that being saved I may sing to Thee: “Glory to Thy majesty, O Bountiful Christ!

Wednesday of the Fourth Week after Pascha: Mid-Feast

Troparion

Tone 8

In the middle of the Feast, O Savior, fill my thirsting soul with the waters of godliness, as Thou didst cry to all: “If anyone thirst, let him come to me and drink!” O Christ God, Fountain of our life, glory to Thee!”

Kontakion

Tone 4

Christ God, the Creator and Master of all, cried to all in the midst of the feast of the law: “Come and draw the water of immortality!” We fall before Thee and faithfully cry: “Grant us Thy bounties, for Thou art the Fountain of our life.”

Fifth Sunday of Pascha

The Samaritan Woman

Troparion

Tone 4

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: “Death is overthrown! Christ God is risen, granting the world great mercy.

Kontakion

Tone 8

The Samaritan Woman came to the well in faith; she saw Thee, the Water of Wisdom, and drank abundantly! She inherited the Kingdom on high, and is ever glorified.

Sixth Sunday of Pascha

Blind Man

Troparion

Tone 5

Let us, the faithful, praise and worship the Word, coeternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

Kontakion

Tone 4

I come to Thee, O Christ, blind from birth in my spiritual eyes, and call to Thee in repentance: "Thou art the most radiant Light of those in darkness!"

Ascension of Our Lord

Troparion

Tone 4

Thou hast ascended in glory, O Christ our God, granting joy to Thy disciples by the promise of the Holy Spirit. Through the blessing they were assured that Thou art the Son of God, the Redeemer of the world!

Kontakion

Tone 6

When Thou didst fulfill the dispensation for our sake, and unite earth to heaven, Thou didst ascend in glory, O Christ our God, not being parted from those who love Thee, but remaining with them and crying: “I am with you and no one will be against you!”

Seventh Sunday of Pascha

The Holy Fathers

Troparion

Tone 8

Most glorious art Thou, O Christ our God! Thou hast established the Holy Fathers as lights on the earth! Through them Thou hast guided us to the true faith! O greatly Compassionate One, glory to Thee!

Kontakion

Tone 7

The apostles’ preaching and the fathers’ doctrines have established one faith for the Church. Adorned with the role of truth, woven from heavenly theology; great is the mystery of piety which it defines and glorifies.

The Descent of the Holy Spirit

Troparion

Blessed art Thou, O Christ our God, Who hast revealed the fishermen as most wise by sending down upon them the Holy Spirit; through them Thou didst draw the world into Thy net. O Lover of Man, glory to Thee!

Kontakion

Tone 8

When the Most High came down and confused the tongues, He divided the nations; but when He distributed the tongues of fire, He called all to unity. Therefore, with one voice, we glorify the all-holy Spirit!

The First Sunday after Pentecost

All Saints

Troparion

Tone 4

As with fine porphyry and royal purple, Thy Church has been adorned with Thy martyr's blood shed throughout all the world. She cried to Thee, O Christ God: "Send down Thy bounties on Thy people, grant peace to Thy habitation, and great mercy to our souls."

Kontakion

Tone 8

The universe offers Thee the God-bearing martyrs as the first-fruits of creation, O Lord and Creator. Through the Theotokos and their prayers establish Thy Church in peace.

The Festal Cycle

The Nativity of the Most Holy Theotokos

(September 8)

Troparion

Tone 4

Your Nativity, O Virgin, has proclaimed joy to the whole universal. The Sun of Righteousness, Christ our God, has shone from you, O Theotokos! By annulling the curse, He bestowed a blessing. By destroying death, He has granted us eternal life.

Kontakion

Tone 4

By your Nativity, O most pure Virgin, Joachim and Anna are freed from barrenness; Adam and Eve, from the corruption of death. And we, your people, freed from the guilt of sin, celebrate and sing to you: The barren woman gives birth to the Theotokos, the Nourisher of our Life.

The Elevation of the Life-creating Cross

(September 14)

Troparion

Tone 1

O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

Kontakion

Tone 4

As Thou wast voluntarily crucified for our sake, grant mercy to those who are called by Thy name; make all Orthodox Christians glad by Thy power, granting them victories over their adversaries, by bestowing on them the invincible trophy, Thy weapon of peace.

The Entrance of the Theotokos into the Temple

(November 21)

Troparion

Tone 4

Today is the prelude of the good will of God, of the preaching of the salvation of mankind. The Virgin appears in the temple of God, in anticipation, proclaiming Christ to all. Let us rejoice and sing to her: Rejoice, O Fulfillment of the Creator's dispensation!

Kontakion

Tone 4

The most pure Temple of the Savior; the precious Chamber and Virgin; the sacred Treasure of the glory of God, is presented today to the house of the Lord. She brings with her the grace of the Spirit, which the angels of God do praise. Truly this woman is the Abode of Heaven!

Nativity of Our Lord Jesus Christ

(December 25)

Tropoarion

Thy Nativity, O Christ our God, has shone to the world the light of wisdom! For by it, those who worshipped the stars, were taught by a star to adore Thee, the Sun of Righteousness, and to know Thee, the Orient from on high. O Lord, Glory to Thee!

Kontakion

Tone 3

Today the Virgin gives birth to the Transcendent One, and the earth offers a cave to the Unapproachable One! Angels, with shepherds, glorify Him! The wise men journey with the star! Since for our sake the eternal God was born as a little child!

The Theophany of Our Lord and God and Savior Jesus Christ

(January 6)

Troparion

Tone 1

When Thou, O Lord, wast baptized in the Jordan, the worship of the Trinity was made manifest! For the voice of the Father bare witness to Thee, and called Thee His beloved Son! And the Spirit, in the form of a dove, confirmed the truthfulness of His word. O Christ our God, who hast revealed Thyself and hast enlightened the world, glory to Thee!

Kontaion

Tone 4

Today Thou hast appeared to the universe, and Thy light, O Lord, has shone on us, who with understanding praise Thee: Thou hast come and revealed Thyself, O Light Unapproachable!

The Meeting of Our Lord Jesus Christ in the Temple

(February 2)

Troparion

Tone 1

Rejoice, O Virgin Theotokos, Full of Grace! From you shone the Sun of Righteousness, Christ our God, enlightening those who sat in darkness! Rejoice and be glad, O righteous elder; you accepted in your arms the Redeemer of our souls, who grants us the Resurrection.

Kontakion

Tone 1

By Thy Nativity, Thou didst sanctify the Virgin's womb! And didst bless Simeon's hands, O Christ God. Now Thou hast come and saved us through love. Grant peace to all Orthodox Christians, O only Lover of Man!

The Annunciation to the Most Holy Theotokos

(March 25)

Troparion

Tone 4

Today is the beginning of our salvation, the revelation of the eternal mystery! The Son of God becomes the Son of the Virgin as Gabriel announces the coming of Grace. Together with him, let us cry to the Theotokos: Rejoice, O Full of Grace, the Lord is with you.

Kontakion

Tone 8

O victorious leader of triumphant hosts! We, your servants, delivered from evil, sing our grateful thanks to you, O Theotokos! As you possess invincible might set us free from every calamity so that we may sing: Rejoice, O unwedded Bride!

The Transfiguration of Our Lord and God and Savior Jesus Christ

August 6

Troparion

Tone 7

Thou were transfigured on the Mount, O Christ God, revealing Thy glory to Thy disciples as far as they could bear it. Let Thine everlasting

light shine upon us sinners! Through the prayers of the Theotokos, O Giver of Light, glory to Thee.

Kontakion

Tone 7

On the mountain wast Thou transfigured, O Christ God, and Thy disciples beheld Thy glory as far as they could see it; so that when they would behold Thee crucified, they would understand that Thy suffering was voluntary, and would proclaim to the world that Thou art truly the Radiance of the Father!

The Falling Asleep of the Most Holy Theotokos

(August 15)

Troparion

Tone 1

Kontakion

Tone 2

Neither the tomb, nor death, could hold the Theotokos, who is constant in prayer and our firm hope in her intercessions. For being the Mother of Life, she was translated to life by the One who dwelt in her virginal womb!

