

Prokeimena and Alleluia Verses

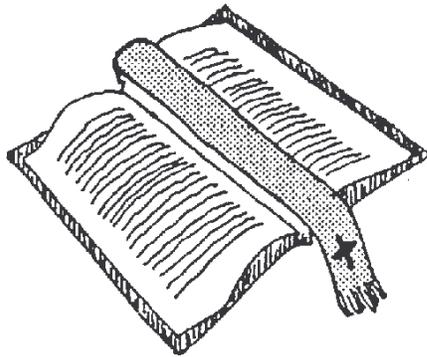


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Sunday Octoeches

Tone 1

Prokeimenon

(Psalm 33)

Let Thy mercy, O Lord, be upon us * as we have set our hope on Thee.

Rejoice in the Lord, O you righteous! Praise befits the just!

Alleluia Verses

(Psalm 18)

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever.

Tone 2

Prokeimenon

(Psalm 118)

The Lord is my strength and my song. * He has become my salvation.

The Lord has chastened me sorely, but He has not given me over to death.

Alleluia Verses

(Psalm 20)

The Lord answers you in the day of trouble! The name of the God of Jacob protects you!

Save the king, O Lord, and hear us on the day we call!

Tone 3

Prokeimenon

(Psalm 47)

Sing praises to our God, sing praises! *Sing praises to our King, sing praises!

Clasp your hands, all peoples! Shout to God with loud songs of joy!

Alleluia Verses

(Psalm 31)

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

Tone 4

Prokeimenon

(Psalm 104)

O Lord, how manifold are Thy works! * In wisdom hast Thou made them all.

Bless the Lord, O my soul! O Lord my God, Thou art very great!

Alleluia Verses

(Psalm 45)

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

Tone 5

Prokeimenon

(Psalm 12)

Thou, O Lord, shall protect us * and preserve us from this generation forever.

Save me, O Lord, for there is no longer any that is godly.

Alleluia Verses

(Psalm 89)

I will sing of Thy mercies, O Lord forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

Tone 6

Prokeimenon

(Psalm 28)

O Lord, save Thy people * and bless Thine inheritance.

To Thee, O Lord, will I call. O my God, be not silent to me.

Alleluia Verses

(Psalm 91)

He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God.

He will say to the Lord: My Protector and my Refuge; my God, in Whom I trust.

Tone 7

Prokeimenon

(Psalm 29)

The Lord shall give strength to His people! * The Lord shall bless His people with peace!

Offer to the Lord, O you sons of God! Offer young rams to the Lord.

Alleluia Verses

(Psalm 92)

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

Tone 8

Prokeimenon

(Psalm 76)

Pray and make your vows * before the Lord our God!

In Judah God is known; His name is great in Israel!

Alleluia Verses

(Psalm 95)

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms!

Resurrection Cycle

First Sunday of Great Lent

Prokeimenon

Canticles of the Fathers

Tone 4

Blessed art Thou, O Lord God of our Fathers * and praised and glorified is Thy name forever!
For Thou art just in all that Thou hast done for us!

Alleluia Verses

Psalm 99

Tone 4

Moses and Aaron were among His priests; Samuel also was among those who called on His name.
They cried to the Lord, and He answered them.

Second Sunday of Great Lent

Prokeimenon

Tone 5

Psalm 12

Thou, O Lord, shalt protect us * and preserve us from this generation forever.
Save me, O Lord, for there is no longer any that is godly.

Alleluia Verse

Of the Tone.

Third Sunday of Great Lent

Prokeimenon

Tone 7

Psalm 99

Extol the Lord our God; * worship at His footstool, for it is holy!
The Lord reigns; let the peoples tremble!

Alleluia Verses

Tone 1

Psalm 74

Remember Thy congregation which Thou hast gotten of old.

God is our King before the ages; He has worked salvation in the midst of the earth.

Fourth Sunday of Great Lent

Prokeimenon

Of the Tone and then to the Saint:

Tone 8

Let the righteous exult in glory! Let them sing for joy on their couches!

Alleluia Verses

Of the Tone and then to the Saint:

Tone 8

Those planted in the house of the Lord shall flourish in the courts of our God.

Fifth Sunday of Great Lent

Prokeimenon

Of the Tone and to the Saint in Tone 4

God is wonderful in His saints, the God of Israel!

Alleluia Verses

Of the Tone

Resurrection of Lazarus

Prokeimenon

Tone 3

Psalm 27

The Lord is my light and my Savior! * Whom shall I fear?

The Lord is the defender of my life! Of whom shall I be afraid?

Alleluia Verses

Tone 5

Psalm 93

The Lord reigns; He is robed in majesty!

For He has established the world so that it shall never be moved.

Entry of Our Lord into Jerusalem

Prokeimenon

Tone 7

Psalm 119

Blessed is He That comes in the name of the Lord! * God is the Lord and has revealed Himself to us!

O give thanks to the Lord, for He is good, for His mercy endures forever!

Alleluia Verses

Tone 1

Psalm 98

O sing to the Lord a new song, for the Lord has done marvelous things!

All the ends of the earth have seen the salvation of our God!

Resurrection of Our Lord

Prokeimenon

Tone 8

Psalm 118

This is the day which the Lord has made! * Let us rejoice and be glad in it!

O give thanks to the Lord, for He is good, for His mercy endures forever!

Alleluia Verses

Tone 4

Psalms 102 and 33

Thou didst arise and have mercy on Zion.

The Lord looked down from heaven and saw all the sons of men.

Prokeimena & Alleluia for Bright Week

Monday

*Prokeimenon *8*

Their proclamation has gone out into all the earth, * and their words to the ends of the universe.
The heavens are telling the glory of God, and the firmament proclaims His handiwork.

*Alleluia *1*

Let the Heavens praise Thy wonders, O Lord; Thy faithfulness in the assembly of the saints.
God is glorified in the council of the saints.

Tuesday

*Prokeimenon *3 (Canticle of the Theotokos)*

My soul magnifies the Lord * and my spirit rejoices in God my Savior.

For He has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

*Alleluia *8*

Arise, O Lord, and go to Thy resting place, Thou and the ark of Thy might.

The Lord swore to David a sure oath from which He will not turn back.

Wednesday

*Prokeimenon *6*

I will remember your name * in all generations.

Hear, O daughter, consider, and incline your ear.

*Alleluia *2*

My soul magnifies the Lord, and my spirit rejoices in God my Savior.

For He has exalted the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

Thursday

*Prokeimenon *3*

Sing praises to our God, sing praises; * sing praises to our King, sing praises.

Clap your hands, all peoples; shout to God with loud songs of joy.

*Alleluia *4*

Go forth, and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate wickedness.

Friday

*Prokeimenon *8*

Their proclamation has gone out into all the earth * and their words to the ends of the universe.

The heavens are telling the glory of God, and the firmament proclaims His handiwork.

And of the Theotokos: Tone 3:

My soul magnifies the Lord, and my spirit rejoices in God my Savior.

*Alleluia *1*

Let the heavens praise Thy wonders, O Lord; Thy faithfulness in the assembly of the saints.

God is glorified in the council of the saints.

Saturday

*Prokeimenon *3*

The Lord is my light and my Savior; * whom shall I fear?

The Lord is the defender of my life; of whom shall I be afraid.

*Alleluia *5*

The Lord reigns; He is robed in majesty.

For He has established the world so that it shall never be moved.

Second Sunday of Pascha

St. Thomas the Apostle

Prokeimenon

Tone 3

Psalm 147

Great is our Lord and abundant in power. * His understanding is beyond measure.

Praise the Lord! For it is good to sing praises to our God!

Alleluia Verses

Tone 8

Psalm 95

Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

For the Lord is a great God, and a great King above all the earth.

Third Sunday of Pascha

Myrrh-bearers & Noble Joseph

Prokeimenon

Tone 6

Psalm 28

O Lord, save Thy people * and bless Thine inheritance.

To Thee, O Lord, will I call. O my God, be not silent to me.

Alleluia Verses

Tone 8

Psalm 85

Lord, Thou wast favorable to Thy land; Thou didst restore the fortune of Jacob.

Mercy and truth have met; righteousness and peace have kissed each other.

Fourth Sunday of Pascha

Paralytic

Prokeimenon

Tone 1

Psalm 33

Let Thy mercy, O Lord, be upon us * as we have set our hope on Thee.

Rejoice in the Lord, O you righteous! Praise befits the just.

Alleluia Verses

Tone 5

Psalm 89

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: "Mercy will be established forever, and my truth will be prepared in the heavens."

Wednesday of the Fourth Week after Pascha

Mid-Feast

Prokeimenon

Tone 3

Psalm 147

Great is our Lord, and abundant in power. * His understanding is without measure.

Praise the Lord! For it is good to sing praises to our God.

Alleluia Verses

Tone 1

Psalm 74

Remember Thy congregation, which Thou hast gotten of old.

God is our King before the ages: He has worked salvation in the midst of the earth.

Fifth Sunday of Pascha

The Samaritan Woman

Prokeimenon

Tone 3

Psalm 47

Sing praises to our God, sing praises! * Sing praises to our King, sing praises.

Clap your hands, all peoples! Shout to God with loud songs of joy!

Alleluia Verses

Tone 4

Psalm 45

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

Sixth Sunday of Pascha

Blind Man

Prokeimenon

Tone 8

Psalm 76

Pray and make your vows * before the Lord our God!

In Judah God is known; His name is great in Israel.

Alleluia Verses

Tone 8

Psalm 119

Look upon me and have mercy on me.

Lead my steps according to Thy word.

Ascension of Our Lord

Prokeimenon

Tone 7

Psalm 57

Be Thou exalted, O God, above the heavens * and Thy glory over all the earth!

My heart is steadfast, O God, my heart is steadfast! I will sing and make melody in my glory!

Alleluia Verses

Tone 2

Psalm 47

God has gone up with a shout; the Lord with the sound of a trumpet!

Clap your hands, all peoples! Shout to God with loud songs of joy!

Seventh Sunday of Pascha

The Holy Fathers

Prokeimenon

Tone 4

Canticles of the Fathers

Blessed art Thou, O Lord God of our Fathers * and praised and glorified is Thy name forever!

For Thou art just in all that Thou hast done for us!

Alleluia Verses

Tone 1

Psalm 50

The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Gather to me my venerable ones, who make a covenant with me by sacrifice.

Memorial Saturday

Prokeimenon

Tone 6

Their souls shall abide * amidst good things.

To Thee, O Lord, I have lifted up my soul.

Alleluia

Blessed are they whom Thou hast chosen and taken to Thyself, [O Lord].

Their memory is from generation to generation

Descent of the Holy Spirit

Prokeimenon

Tone 8

Psalm 19

Their proclamation has gone out into all the earth; * and their words to the ends of the universe.

The heavens are telling the glory of God; and the firmament proclaims His handiwork.

Alleluia Verses

Tone 1

Psalm 33

By the Word of the Lord the heavens were made; and all their host by the Spirit of His mouth.

The Lord looked down from heaven, and saw all the sons of men.

The First Sunday after Pentecost

All Saints

Prokeimenon

Tone 8

Psalm 95

Pray and make your vows * before the Lord our God!

In Judah God is known; His name is great in Israel!

To the saints, Tone 4

God is wonderful in His saints, the God of Israel.

Alleluia Verses

Tone 4

Psalm 34

The righteous called, and the Lord heard them.

Many are the afflictions of the righteous; but the Lord delivers them out of them all.

Second Sunday after Pentecost

All Saints of North America

Prokeimenon

Tone 1

Let Thy mercy, O Lord be upon us * as we have set our hope on Thee.

Rejoice in the Lord, O you righteous! Praise befits the just!

Saints in Tone 7

Precious in the sight of the Lord is the death of His saints.

Alleluia Verses

Tone 4

Psalm 17

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever.

Saints in Tone 1

Psalm 31

Rejoice in the Lord and be glad, O you righteous.

The Festal Cycle

The Nativity of the Most Holy Theotokos

(September 8)

Prokeimenon

Tone 3

Canticle of the Theotokos

My soul magnifies the Lord * and my spirit rejoices in God, my Savior!

For he has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

Alleluia Verses

Tone 8

Psalm 45

Hear, O daughter, and see, and incline your ear.

Before your face, the richest of the people will pray.

The Elevation of the Life-creating Cross

(September 14)

Prokeimenon

Tone 7

(Psalm 99)

Extol the Lord our God. * Worship at His footstool, for it is holy!

The Lord reigns; let the peoples tremble!

Alleluia Verses

Tone 1

(Psalm 74)

Remember Thy congregation, which Thou hast gotten of old.

God is our King before the ages; He has worked salvation in the midst of the earth.

Protection of the Theotokos

(October 1)

Prokeimeon

Tone 3

My soul magnifies the Lord, * and my spirit rejoices in God my Savior.

For He has regarded the low estate of His handmaiden, for behold, henceforth all generations will call me blessed.

Alleluia

Tone 6

Hearken, O daughter, and see, and incline your ear.

The rich among the people shall pray before your face.

Holy Fathers of the Seventh Ecumenical Council

Prokeimenon

Tone 2

(Song of the Three, vs. 3)

Blessed art Thou, O Lord God of our Fathers, * and praised and glorified is Thy name forever

Alleluia

Tone 1

(Psalm 49:1)

The Lord, the God of gods, has spoken and summoned the earth from the rising of the sun to its setting.

Synaxis of the Archangels

November 8

Prokeimenon

Tone 4

He makes His angels spirits, * and His ministers a fiery flame.

Bless the Lord, O my soul! O Lord my God, Thou has been magnified exceedingly.

Alleluia

Tone 5

Praise the Lord, all His angels! Praise Him, all His hosts!

For he spoke, and they came to be! He commanded, and they were created.

The Entrance of the Theotokos into the Temple

November 21

Prokeimenon

Tone 3

(Canticle of the Theotokos)

My soul magnifies the Lord * and my spirit rejoices in God, my Savior!

For He has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

Alleluia Verses

Tone 8

(Psalm 45)

Hear, O daughter, and see, and incline your ear.

Before your face, the richest of the people will pray.

St. Nicholas

6 December

Prokeimenon

Tone 7

(Psalm 63:11, 1)

The righteous man will rejoice in the Lord, * and shall set his hope on Him.

Hear my voice, O God, when I pray to Thee.

Alleluia

Tone 2

(Psalm 131:9, 13)

Thy priests shall be clothed in righteousness and Thy saints shall rejoice.

The Lord has chosen Zion; He has desired it for His habitation.

Sunday before the Nativity of Our Lord

Prokeimenon

Tone 4

(Song of the Three, vs. 3, 4)

Blessed art Thou, O Lord God of our Fathers, * and praised and glorified is Thy name forever.
For Thou art just in all that Thou hast done for us!

Alleluia

Tone 4

(Psalm 43:2, 8)

We have heard with our ears, O God, and our fathers have told us.
For Thou hast saved us from those who oppose us, and hast put to shame those who hate us.

Nativity of Our Lord Jesus Christ

December 25

Prokeimenon

Tone 3

(Psalm 66)

Let all the earth worship Thee and praise Thee. * Let it praise Thy Name, O Most High!
Make a joyful noise to God, all the earth! Sing of His name! Give glory to His praise!

Alleluia Verses

Tone 1

(Psalm 19)

The heavens are telling the glory of God; and the firmament proclaims his handiwork.
Day to day pours forth speech, and night to night declares knowledge!

Synaxis of the Theotokos

December 26

Prokeimenon

Tone 3

My soul magnifies the Lord, * and my spirit rejoices in God my Savior.

For He has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

Alleluia Verses

Tone 8

Arise, O Lord, into Thy rest, Thou and the art of Thy holiness.

Remember, O Lord, David and all his meekness.

Sunday after the Nativity of Our Lord

Prokeimenon

Tone 4

(Psalm 67:36)

God is wonderful in His saints, * the God of Israel.

Alleluia

Tone 4

(Psalm 131:1)

Remember, O Lord, David and all his meekness.

Circumcision of Our Lord

January 1

Prokeimenon

Tone 6 (Circumcision)

O Lord, save Thy people * and bless Thine inheritance.

To Thee, O Lord, will I call. O my God, be not silent to me.

Tone 1 (St. Basil)

My mouth shall speak wisdom; and the meditation of my heart shall be understanding.

Alleluia

Tone 8 (Sunday before Theophany)

O God, be gracious to us and bless us, and make the light of Thy countenance to shine upon us, and have mercy on us.

That Thy way may be known upon earth, and Thy salvation among all nations.

Sunday before Theophany

Prokeimenon

Tone 6

(Psalm 27)

O Lord, save Thy people * and bless Thine inheritance.

To Thee, O Lord, will I call. O my God, be not silent to me.

Alleluia

Tone 8

(Psalm 66)

O God be gracious to us and bless us, and make the light of Thy countenance to shine upon us, and have mercy on us.

That Thy way may be known upon earth, and Thy salvation among all nations.

Theophany of Our Lord Jesus Christ

January 6

Prokeimenon

Tone 4

(Psalm 118)

Blessed is He that comes in the name of the Lord! * God is the Lord and has revealed Himself to us!

O give thanks to the Lord, for He is good, for His mercy endures forever!

Alleluia Verses

Tone 4

(Psalm 29)

Offer to the Lord, O you sons of God! Offer young rams to the Lord!

The voice of the Lord is upon the waters; the God of glory thunders, the Lord, upon many waters!

Sunday After Theophany

Prokeimenon

Tone 1

Let Thy mercy, O Lord, be upon us * as we have set our hope on Thee.

Rejoice in the Lord, O you righteous! Praise befits the upright!

Tone 7 (Forerunner)

The righteous man will rejoice in the Lord, and shall set his hope on Him.

Alleluia

Tone 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: "Mercy will be established forever." Thy truth will be prepared in the heaven.

Tone 5 (Forerunner)

Light dawns for the righteous, and joy for the upright in heart.

The Meeting of Our Lord Jesus Christ in the Temple

February 2

Prokeimenon

Tone 3

(Canticle of the Theotokos)

My soul magnifies the Lord * and my spirit rejoices in God my Savior!

For He has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed.

Alleluia Verses

Tone 8

(Canticle of Simeon)

Lord, now lettest Thou Thy servant depart in peace, according to Thy word.

A light for revelation to the gentiles, and for glory to Thy people Israel.

The Annunciation to the Most Holy Theotokos

March 25

Prokeimenon

Tone 4

(Psalm 96)

From day to day * proclaim the salvation of our God!

O sing to the Lord a new song; sing to the Lord, all the earth!

Alleluia Verses

Tone 1

(Psalm 72)

He descends like the rain on the grass, like showers that water the earth!

May His name be blessed forever, His name continue as long as the sun!

Nativity of St. John the Baptizer

24 June

Prokeimenon

The righteous man will rejoice in the Lord, * and shall set his hope on Him.

Hear my voice, O God, when I pray to Thee.

Alleluia

Blessed be the Lord God of Israel, for He has visited and redeemed His people.

And you, Child, shall be called Prophet of the Most High.

Apostles Peter and Paul

29 June

Prokeimenon

Tone 8

Their proclamation has gone out into all the earth, * and their words to the ends of the universe.

The heavens are telling the glory of God, and the firmament proclaims His handiwork.

Alleluia

Tone 1

The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of the Saints.

God is glorified in the council of the Saints.

St. Vladimir

15 July

Prokeimenon

Tone 3

Sing praises to our God sing praises! * Sing praises to our King, sing praises!
Clap your hands, all nations! Shout to God with a voice of rejoicing!

Alleluia

Tone 6

I have raised up one chosen out of My people.
For My hand shall defend him and My arm will strengthen him.

Holy Fathers of the First Six Ecumenical Councils

July

Prokeimenon

Tone 4

Blessed art Thou, O Lord God of our Fathers * and praised and glorified is Thy name forever.
For Thou art just in all that Thou hast done for us!

Alleluia

Tone 1 (Fathers)

The Lord, the God of gods, has spoken and summoned the earth from the rising of the sun to the setting.
Gather to Him, O you His venerable ones, who made a covenant with Him by sacrifices.

Transfiguration of Our Lord Jesus Christ

August 6

Prokeimenon

Tone 4

(Psalm 104)

O Lord, How manifold are Thy works! * In wisdom hast Thou made them all!
Bless the Lord, O my soul! O Lord, my God Thou art very great!

Alleluia Verses

Tone 8

(Psalm 89)

The heavens are Thine, the earth also is Thine.

Blessed are the people who know the festal shout!

The Falling Asleep of the Most Holy Theotokos

(August 15)

Prokeimenon

Tone 3

(Canticle of the Theotokos)

My soul magnifies the Lord * and my spirit rejoices in God my Savior!

For He has regarded the low estate of His handmaiden; for behold henceforth all generations will call me blessed.

Alleluia Verses

Tone 2

(Psalm 132)

Arise, O Lord, and go to Thy resting place, Thou and the ark of Thy might.

The Lord swore Truth to David from which He will not turn back.

Common of the Saints

Bishops

Prokeimenon

Tone 8

(Psalm 18)

Their proclamation has gone out into all the earth, * and their words to the ends of the universe.
The heavens are telling the glory of God, and the firmament proclaims His handiwork.

Alleluia

Tone 1

(Psalm 88)

The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of the Saints.
God is glorified in the council of the Saints.

Martyrs

Prokeimenon

Tone 4

To the saints who are in His land * the Lord has made wonderful all His desires in them.
He is at my right hand, that I not be shaken.

Alleluia

The righteous cried and the Lord heard them and delivered them out of all their troubles.
Many are the afflictions of the righteous; the Lord will deliver them out of them all.

Saints

Prokeimenon

Tone 7

(Psalm 115)

Precious in the sight of the Lord * is the death of His saints.
What shall I render to the Lord for all that He has rendered unto me?

Alleluia

Tone 6

(Psalm 112)

Blessed is the man who fears the Lord, who greatly delights in His commandments.
His seed shall be mighty upon the earth.

Theotokos

Prokeimenon

Tone 3

(Song of the Theotokos, Luke 1:46-48)

My soul magnifies the Lord, * and my spirit rejoices in God my Savior.

For He has regarded the low estate of His handmaiden, for behold, henceforth all generations will call me blessed.

Alleluia

Hearken, O daughter, and see, and incline your ear.

The rich among the people shall pray before your face.

